

# Outer Banks

## High School Sailing



# What can we achieve with a sailing program ?

**A Living Classroom**

## **Resilient, Strong Local Youth**

















- Personal growth
- Independence and Courage
- Stand out College Applications
- Sea Time Earned
- Career Preparedness
- Summer Coaching Jobs (16+)



# Top Ranked Sailing Colleges

Colleges with top sailing programs are ALSO top academic schools including military academies and the ivy league.

Kids who sail competitively in high school are very likely to sail competitively in college.

OPEN RANKINGS			
#	SCHOOL	PTS	PREV. RANK
1	 Yale		2
2	 Roger Williams		5
3	 Harvard		1
4	 Dartmouth		7
5	 Stanford		3
6	 Brown		6
7	 St. Mary's		9
8	 Georgetown		4
9	 Coast Guard Academy		11
10	 Navy		8
11	 U Penn		14
12	 Tulane		10
13	 Charleston		12
14	 Bowdoin		13
15	 MIT		10
16	 Connecticut College		17

# What is different about High School Sailing?

**Not Funded By The Public Schools**

Sailing is underwritten by a local community sailing program or a yacht club. Public schools do not fund sailing programs in NC.

Parents drive the program financing and coaches lead the team. HCS has a 501(3)c for scholarships and fundraising.

Just like sailing camp, some parents can pay and others may need a scholarship. HCS has scholarship channels but needs more. *If your child needs a scholarship - you may need to find your own sponsor.*



# HCS Provides Infrastructure

**Parents pay for instruction & travel**

**Boats / Coach Boats:** you don't have to buy your kid a boat or own or maintain a coach boat

**Committee Boat:** 48' Deadrise powerboat for spectator and race committee at home regattas

**Facility:** HCS covers overhead of the sailing center in Buxton to store boats, host practice, regattas, and scrimmages

**Insurance:** HCS maintains the fleet insurance and liability insurance for the program

**Coaches:** Parents pay for instructional hours but HCS covers the overhead of year round full time coaching staff

**Yacht Club Membership:** A community sailing program like HCS means low membership fees (\$50 annually) vs. costly yacht club memberships

# How Many Sailors Make A Program?

Just one team of two sailors would be enough for a pilot year program. **US Sailing sets a maximum sailor to coach ratio at 8:1.** All financial considerations are based on six sailors but 8 can participate with just one coach. If more sailors are interested, Meg Phillips can step in as an assistant coach.

**If fewer than 6 sailors sign up, HCS has a sponsor pledged to make up the difference in the cost of the instructional time.** Travel costs are scalable to the number of sailors.

# What about other NC Programs?



Wrightsville Beach/Wilmington and the Raleigh Triangle Park area have active high school sailing programs. HCS referenced both of these programs to put the program together → Costs, schedule, and expectations are similar with these other NC programs.

## CYC Wrightsville

- [23/24 Kickoff Handbook](#)

## Raleigh Triangle Park

- [Program Handbook](#)
- Sponsored by [Carolina Sailing Foundation](#)

# What is the Time Commitment?

*\*Proposed\* 2023-2024 Fall HS Sailing Schedule*

## 8 Saturday Practices

7 hour practices from 9am - 2pm each Saturday

**Sep 9**

**Oct 14**

**Sep 16**

**Oct 28**

**Sep 7**

**Nov 11**

**Oct 7**

**Nov 18**

## 1 Home & 2 Travel Regattas

**Sep 24/25:** Cape Hatteras Lighthouse (Rodanthe, NC)

**Oct 21/22:** Lake Jordan (Cary/Durham, NC)

**Dec 2 / 3:** Charleston Yacht Club (Charleston, SC)





# What is the Instructional Cost?

*Proposed 2023-2024 Fall HS Sailing Schedule / Costs*

	Instructional Cost	
8 practices	3200	* 400 for each 7hr practice
1 home regatta	0	
2 away regattas	3000	* 500 per regatta day 250 per travel day
	6200	total instructional cost
	<b>\$1,033</b>	<b>per sailor based on 6 sailors</b>
	\$775	per sailor based on 8 sailors

\*\* If fewer than 6 sailors sign up, HCS has a sponsor pledged to make up the difference in cost



# What's the Travel Cost?

	Itemized Travel Costs	
Mileage Reimbursement Rate	0.65	
Mileage for Coach Tow Vehicle	800	
Mileage for Chaperone Vehicle	800	<i>* need a volunteer</i>
	173	Mileage Cost Per Sailor
Hotel Rooms		
Shared cost of sailor room	250	<i>* 250 per night for 2 nights with 2 sailors per room</i>
Shared cost of coach room	83	<i>* per sailor based on 6 sailors</i>
shared cost of chaperone room	83	<i>* per sailor based on 6 sailors</i>
	416	Room Cost Per Sailor
	<b>589</b>	<b>Travel Cost Per Sailor Per Regatta</b>
** Estimated \$150 pocket money needed for food and incidentals		
** Saturday lunch must be packed and sent with sailor		

# What about Gear and Other Costs?



## Mandatory Gear

- Vest Style PFD
- Sailing Gloves
- Sailing or Wet Suit Booties
- Team Pinnie (\$35)
- Team Jersey (\$35)

## Optional Gear

- Maybe a Dry Suit for very cold water
- Maybe a Wet Suit for moderately cold water

## Regatta Registration Fees

- Some regatta will have registration fees. Typical fees are \$50 or less per sailor for 420 regattas

# What is the Financial Commitment?

*Cost is based on 6 sailors, 8 practices, 1 home regatta, and 2 away regattas*

## Program Fees / Due Dates

Sep 16th .....	\$553 due
Sep 30th .....	\$553 due
Oct 14th .....	\$553 due
Nov 11th .....	\$553 due

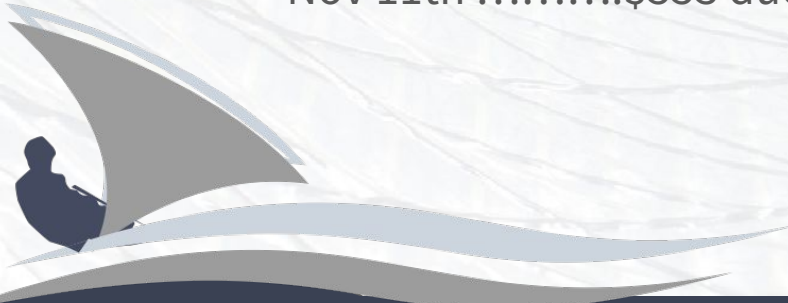
## Option 1:

- Pay by check at practice

## Option 2:

- Pay on website *(4% processing fee)*

**Total Cost: \$2212 includes  
hotel/travel cost to regattas**



# What About Scholarships?

## How to get financial help

**If the program is unaffordable for your family, there are options:**

- Scholarship drive: HCS is a 501(3)C and can accept donations for scholarships.
- Fundraising Chairperson: Parents nominate a fundraising chairperson who leads a scholarship drive
- HCS Shares contacts, media channels, supports with print collateral, etc
- Sailors/Parents who need scholarships help find sponsors for their own tuition and travel fees with the support of HCS